

Fruits of the Spirit – PATIENCE

The 12 fruits of the Holy Spirit are signs the Holy Spirit is alive within us and helping us live by faith in our daily lives.

If the gifts of the Holy Spirit are like virtues, the fruits of the Holy Spirit are the actions that those virtues produce. Prompted by the Holy Spirit, through the gifts of the Holy Spirit we bear fruit in the form of moral action. In other words, the fruits of the Holy Spirit are works that we can perform only with the aid of the Holy Spirit. The presence of these fruits is an indication that the Holy Spirit dwells in the Christian believer.

Patient Trust Prayer by Pierre Teilhard de Charin

[\(https://www.ignatianspirituality.com/prayer-of-theilhard-de-chardin/\)](https://www.ignatianspirituality.com/prayer-of-theilhard-de-chardin/)

What's PATIENCE mean on its own?

- 'pati' (verb in Latin) = to suffer
- Jesus Curses a Fig Tree and Clears the Temple Courts (Mark 11:12-25)

Question: *What does Jesus feel?*

What's PATIENCE mean in context of work?

Eternal timeline ("Meaning focused")

Question: *How are grace and prayer tied to patience?*



Question: *How do you work through the uncomfortableness?*

Physical timeline ("My movements")

What can be done to make it actionable?

- Patience has to do with temperament ("Practice it before you need it")
- Jesus Is Tested in the Wilderness (Matthew 4:1-11)
 - Truth and scripture were a foil to Satan – Jesus had to know the Father first



The Serenity Prayer

GOD GRANT ME THE SERENITY
TO ACCEPT THE THINGS I CANNOT CHANGE,
COURAGE TO CHANGE THE THINGS I CAN,
AND WISDOM TO KNOW THE DIFFERENCE.
LIVING ONE DAY AT A TIME,
ENJOYING ONE MOMENT AT A TIME,
ACCEPTING HARDSHIP AS
THE PATHWAY TO PEACE.
TAKING, AS JESUS DID, THIS SINFUL WORLD AS IT IS,
NOT AS I WOULD HAVE IT,
TRUSTING THAT YOU WILL MAKE ALL THINGS RIGHT,
IF I SURRENDER TO YOUR WILL,
THAT I MAY BE REASONABLY HAPPY IN THIS LIFE,
AND SUPREMELY HAPPY WITH YOU
FOREVER IN THE NEXT.

Amen



Treat others with thoughtfulness and tolerance; suffering interruption or delay with composure and without complaint; to suffer annoyance, insult or mistreatment with self-restraint, refusing to be provoked; and to suffer burdens and difficult tasks with resolve and determination. The willingness to slow down for another's benefit, and to take whatever time is necessary to address their need.